



FREE PRINTABLE

Knitting & Crochet Project Planner

Plan a project from swatch to finished piece: pattern, yarn, gauge, measurements, rows and repeats, all on paper beside you.

- | | |
|------------------------|-------------------------------|
| 1. Project planner | 4. Row & repeat tracker |
| 2. Gauge swatch record | 5. Yarn stash & shopping list |
| 3. Measurements | |

Need the maths? Free calculators for yarn amounts, gauge and cast-on at yarnandrow.com/tools.

PATTERN

SIZE

CRAFT ☐ KNIT ☐ CROCHET

SOURCE / LINK

STARTED

FINISHED

Yarn

Brand & name	Weight	Colour	Dye lot	yd / m per skein	Skeins

Not sure how much to buy? The yarn calculator works it out: yarnandrow.com/tools/yarn-calculator

Needles, hooks & notions

MAIN NEEDLE / HOOK

NOTIONS

OTHER SIZES

BUTTONS / ZIP / OTHER

Gauge

PATTERN GAUGE

MY GAUGE (AFTER BLOCKING)

Notes

This image shows a single sheet of white paper with horizontal ruling lines. The lines are evenly spaced and run across the width of the page. There are no margins, text, or other markings on the paper.

Swatches

Measure over 4 in (10 cm) in the middle of the swatch, away from the edges, after washing and drying it the way you'll treat the finished piece.

SWATCH 1

Pin a snip of yarn or sketch here

YARN

NEEDLE / HOOK

STITCH PATTERN

Before blocking

After blocking

Stitches per 4 in / 10 cm

Rows per 4 in / 10 cm

SWATCH 2

Pin a snip of yarn or sketch here

YARN

NEEDLE / HOOK

STITCH PATTERN

Before blocking

After blocking

Stitches per 4 in / 10 cm

Rows per 4 in / 10 cm

SWATCH 3

Pin a snip of yarn or sketch here

YARN

NEEDLE / HOOK

STITCH PATTERN

Before blocking

After blocking

Stitches per 4 in / 10 cm

Rows per 4 in / 10 cm

Turn your swatch into stitch counts for any width with the gauge calculator: yarnandrow.com/tools/gauge-calculator

Gauge swatch record

Yarn & Row · yarnandrow.com

Measurements

Write down the body or item measurement, the ease you want, and what the pattern size gives.

Measurement	Actual	+ Ease	= Finished	Pattern size gives
Chest / bust				
Waist				
Hip				
Length (shoulder to hem)				
Sleeve length				
Upper arm				
Wrist				
Head circumference				
Foot length				
Foot circumference				
Width				
Length				

Cast-on maths

Stitches to cast on = finished width × stitches per inch (or per cm), rounded to fit the stitch pattern.

WIDTH

STITCHES PER IN / CM

= STITCHES

ROUNDED TO MULTIPLE OF

The cast-on calculator does this for you: yarnandrow.com/tools/cast-on-calculator

Sketch

Rows

Cross off each row as you finish it. Use a new sheet, or add 200, when you run out.

1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20
21	22	23	24	25	26	27	28	29	30	31	32	33	34	35	36	37	38	39	40
41	42	43	44	45	46	47	48	49	50	51	52	53	54	55	56	57	58	59	60
61	62	63	64	65	66	67	68	69	70	71	72	73	74	75	76	77	78	79	80
81	82	83	84	85	86	87	88	89	90	91	92	93	94	95	96	97	98	99	100
101	102	103	104	105	106	107	108	109	110	111	112	113	114	115	116	117	118	119	120
121	122	123	124	125	126	127	128	129	130	131	132	133	134	135	136	137	138	139	140
141	142	143	144	145	146	147	148	149	150	151	152	153	154	155	156	157	158	159	160
161	162	163	164	165	166	167	168	169	170	171	172	173	174	175	176	177	178	179	180
181	182	183	184	185	186	187	188	189	190	191	192	193	194	195	196	197	198	199	200

Repeats

What repeats	Every ... rows	Times	Done (tick each)

Where I stopped

Date	Row	Note

Prefer your phone? The row counter at yarnandrow.com/tools/row-counter keeps the screen awake and remembers your place.

Stash

Yarn	Weight	Colour	Fibre	Amount	For

Shopping list

Item	Colour / size	Qty	Where
☐			
☐			
☐			
☐			
☐			
☐			
☐			
☐			